**Little Scholars ECS LTD.** - CENTRE AND COMMUNITY BASED PROGRAM

**PRE- KINDERGARTEN WEEKLY SCHEDULE - 300 and 400 hours**

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| **9:00 AM – 9:30 AM**<br><br>**MATHEMATICS**<br>**ENGLISH LANGUAGE ARTS AND LITERATURE**<br>**SOCIAL STUDIES**<br>**CREATIVE EXPRESSION** | **Arrival Time** (Setting the morning routine, putting their bags away, knowing about their cubby which gives sense of belonging, saying bye to the family's parent teacher interactions) (Social Studies)<br><br>**(Discussing the expectations for the day) (How the day is going to look like and giving the children the glimpse for the whole day)**<br>Time for children to have hands on some of the reflective activities like as follows:<br>1) Asking the name of the child and focusing on the first letter of the name (English Language Arts and Literature)<br>2) Pattern Block (Hands on to encourage children to put blocks in the order to build their fine motor skills) (Physical Education and Wellness)<br>3) Imagination Box Creations (leftover scraps, odds, ends go in the box) (Helps strengthen an important domain, imagination and creative thinking) (Creative Expression) | | | | |
| **9:30 AM – 9:45 AM**<br><br>**ENGLISH LANGUAGE ARTS AND LITERATURE**<br>**SOCIAL STUDIES**<br>**PHYSICAL EDUCATION AND WELLNESS**<br>**MATHEMATICS** | **Morning Meeting**<br>1) A brief talk about the origin of the children in their class, celebrating differences. Acknowledge the things in the environment.<br>Themes like;" Back to School" (Social Studies)<br>2) Appreciating different languages, a visual class for the alphabets and their phonics.<br>Example: Asking children how they say good morning to your parents, friends?<br>3) Guess the animals sound activity. Children will be portraying different animals and making the sounds of the animals, peers will be recognizing the same. (English Language Arts and Literature, Creative Expression)<br>4) Showing the classroom and introduction to centres (Making children familiar with the environment) (Science)<br><br>**Daily Calendar**<br>1) Reflective questioning about:<br>a) The day before and After<br>b) What date is today? | | | | |

1. Dispersal time are non instructional
2. For pre-K (2Y8M-3Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 102 = 306 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year
3. For pre-K (3Y8M-4Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 135 = 405 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year

| | |
|---|---|
| | c) Which month we are in?<br>d) Which year we are in? (English Language Arts and Literature) (Giving options to pick the answers) |
| **9:45 AM – 10:45 AM**<br><br>**ENGLISH LANGUAGE ARTS AND LITERATURE**<br>**SCIENCE**<br>**SOCIAL STUDIES**<br>**MATHEMATICS AND CREATIVE EXPRESSION** | **Enhanced Learning Centres:(Set-up to reflect month's objectives/theme(s):**<br>1)Sensory Bin<br>2)Dry/Erase centres<br>3)Dramatic centre<br>4)Early reading and writing centres<br>5)Stamping /printing/painting centre<br>6)Playdough Centre, etc.,<br>7)Integrated learning with Technology (ICT)<br>8)Subject Specific Centres for all the subjects<br>9) Art and Craft Centre<br><br>**Offering 3-5 centres for one hours and children will rotate through the centres (10-20) minutes.**<br><br><u>Some of the activities that could be included are as follows but are not limited to:</u><br>1) Trace the alphabets in sand/ sensory material/Sensory Boards<br>2) Let's make our own story board (with the use of flashcards/ visuals, children will build a story to convey the messages to friends and teachers, widening their imagination).<br>3) Activities to know about the formation of alphabets, their phonics focussing one alphabet at a time and make it play-based, e.g., Share with class their experiences, (they can share about an event/ show and tell) to strengthen their social expression skill.<br>4) Helping children to express their needs and tell as well as build stories. Using flashcards to build their own stories. Asking reflective and open -ended questions |
| **10:45 AM- 11:00 AM** | Getting ready for snacks, handwashing routine and washroom break. |

1. Dispersal time are non instructional
2. For pre-K (2Y8M-3Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 102 = 306 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year
3. For pre-K (3Y8M-4Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 135 = 405 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year

**Little Scholars ECS LTD.** - CENTRE AND COMMUNITY BASED PROGRAM

**PRE- KINDERGARTEN WEEKLY SCHEDULE - 300 and 400 hours**

| | |
|---|---|
| **ENGLISH LANGUAGE ARTS AND LITERATURE SOCIAL STUDIES PHYSICAL EDUCATION AND WELLNESS** | Snack Time- children practice healthy eating habits and independence. They learn to open containers, use polite words like "please" and "thank you," and clean up after themselves. This time also supports social skills as children engaged in conversations with peers and follow routines in a calm, structured environment. |
| **11:00 AM- 11:20 AM**<br><br>**PHYSICAL EDUCATION AND WELLNESS SOCIAL STUDIES SCIENCE ENGLISH LANGUAGE ARTS AND LITERATURE MATHEMATICS CREATIVE EXPRESSION** | **Story Time/ Music and Movement**<br>Following activities will be incorporated but are not limited to the following:<br><br>1) Animal Movement Cards make great tools to facilitate transitions between various activities. Simply inviting children to pick an animal card and then have them each imitate the animal sound or movement on their card on their way to the next activity. (Physical Education and Wellness, Creative Expression)<br>2) Theme-Based Brain and Body Breaks (Physical Education and Wellness)<br>3) Providing sensory-rich activities, providing children the opportunities throughout the day for moving and shaking all their energy out. E.g. Providing them with colorful sensory bands before engaging them in a fun song. Encourage them to touch and feel the textures of the band while bouncing around and switching places throughout. Children will develop a new appreciation for rhythm and movement as they feel their peers pull and stretch their shared band. (Science, Creative Expression)<br>4) Listening to the songs like; Music and counting activities, freeze dance (Mathematics, Social Studies)<br>5) Walking Lines-Taking movement activities with an activity, e.g. line walking activity.<br>We can start by using sidewalk chalk to create a variety of lines in different patterns and shapes in your schoolyard. Then, promoting children to walk along the lines in different ways to fine-tune their motor skills with balance and movement. Promoting children to take turns drawing lines for others to follow developing their drawing and cooperation skills in the process. (Mathematics, Physical Education and Wellness, Social Studies, Creative Expression). |
| **11:20 AM – 12:00 PM** | (Outside Time- Building connection with the nature) (Depending upon the weather) (Physical Education and Wellness)<br>1) Playing those games which enhances the importance of balance between physical activity and rest, e.g., Dance-Pause-Dance game, statue game etc. |

1. Dispersal time are non instructional
2. For pre-K (2Y8M-3Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 102 = 306 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year
3. For pre-K (3Y8M-4Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 135 = 405 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year

| | |
|---|---|
| **PHYSICAL EDUCATION AND WELLNESS** | 2) Playing team games to learn how to play a game with rules, e.g., Soccer, Cricket, Basketball, etc.,<br>3) Playing games which promotes spatial awareness, e.g., jump through the ring, crawl from the tunnel, how many steps more? Etc.<br>4) Animal Yoga Using the animal yoga visual cards, the teacher and the children will imitate the same<br>Workout with music e.g., Dancing on the beat Playing different songs which children like and letting them do their signature moves. |
| **12:00-12:30 Non-Instructional Hours** | Getting Ready to go home and dispersal |

1. Dispersal time are non instructional
2. For pre-K (2Y8M-3Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 102 = 306 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year
3. For pre-K (3Y8M-4Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 135 = 405 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year

**Little Scholars ECS LTD.** - CENTRE AND COMMUNITY BASED PROGRAM

**PRE- KINDERGARTEN WEEKLY SCHEDULE - 300 and 400 hours**

## PM weekly Schedule

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| **13:30 PM – 14:00 PM**<br><br>**MATHEMATICS**<br>**ENGLISH LANGUAGE ARTS AND LITERATURE**<br>**SOCIAL STUDIES**<br>**CREATIVE EXPRESSION** | **Arrival Time** (Setting the morning routine, putting their bags away, knowing about their cubby which gives sense of belonging, saying bye to the family's parent teacher interactions) (Social Studies)<br><br>**(Discussing the expectations for the day) (How the day is going to look like and giving the children the glimpse for the whole day)**<br>Time for children to have hands on some of the reflective activities like as follows:<br>1) Asking the name of the child and focusing on the first letter of the name (English Language Arts and Literature)<br>2) Pattern Block (Hands on to encourage children to put blocks in the order to build their fine motor skills) (Physical Education and Wellness)<br>3) Imagination Box Creations (leftover scraps, odds, ends go in the box) (Helps strengthen an important domain, imagination and creative thinking) (Creative Expression) | | | | |
| **14:00 PM – 14:15 PM**<br><br>**ENGLISH LANGUAGE ARTS AND LITERATURE**<br>**SOCIAL STUDIES**<br>**PHYSICAL EDUCATION AND WELLNESS**<br>**MATHEMATICS** | **Morning Meeting**<br>1) A brief talk about the origin of the children in their class, celebrating differences. Acknowledge the things in the environment.<br>Themes like;" Back to School" (Social Studies)<br>2) Appreciating different languages, a visual class for the alphabets and their phonics.<br>Example: Asking children how they say good morning to your parents, friends?<br>3) Guess the animals sound activity. Children will be portraying different animals and making the sounds of the animals, peers will be recognizing the same. (English Language Arts and Literature, Creative Expression)<br>4) Showing the classroom and introduction to centres (Making children familiar with the environment) (Science)<br><br>**Daily Calendar**<br>1) Reflective questioning about:<br>a) The day before and After | | | | |

1. Dispersal time are non instructional
2. For pre-K (2Y8M-3Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 102 = 306 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year
3. For pre-K (3Y8M-4Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 135 = 405 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year

| | |
|---|---|
| | b) What date is today?<br>c) Which month we are in?<br>d) Which year we are in? (English Language Arts and Literature) (Giving options to pick the answers) |
| **14:15 PM -15:15 PM**<br><br>**ENGLISH LANGUAGE ARTS AND LITERATURE SCIENCE SOCIAL STUDIES MATHEMATICS AND CREATIVE EXPRESSION** | **Enhanced Learning Centres:(Set-up to reflect month's objectives/theme(s)):**<br>1)Sensory Bin<br>2)Dry/Erase centres<br>3)Dramatic centre<br>4)Early reading and writing centres<br>5)Stamping /printing/painting centre<br>6)Playdough Centre, etc.,<br>7)Integrated learning with Technology (ICT)<br>8)Subject Specific Centres for all the subjects<br>9) Art and Craft Centre<br><br>**Offering 3-5 centres for one hours and children will rotate through the centres (10-20) minutes.**<br><br><u>Some of the activities that could be included are as follows but are not limited to:</u><br>1) Trace the alphabets in sand/ sensory material/Sensory Boards<br>2) Let's make our own story board (with the use of flashcards/ visuals, children will build a story to convey the messages to friends and teachers, widening their imagination).<br>3) Activities to know about the formation of alphabets, their phonics focussing one alphabet at a time and make it play-based, e.g., Share with class their experiences, (they can share about an event/ show and tell) to strengthen their social expression skill.<br>4) Helping children to express their needs and tell as well as build stories. Using flashcards to build their own stories. Asking reflective and open -ended questions |
| **15:15 PM – 15:30 PM** | Getting ready for snacks, handwashing routine and washroom break. |

1. Dispersal time are non instructional
2. For pre-K (2Y8M-3Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 102 = 306 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year
3. For pre-K (3Y8M-4Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 135 = 405 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year

**Little Scholars ECS LTD.** - CENTRE AND COMMUNITY BASED PROGRAM

**PRE- KINDERGARTEN WEEKLY SCHEDULE - 300 and 400 hours**

| | |
|---|---|
| **ENGLISH LANGUAGE ARTS AND LITERATURE SOCIAL STUDIES PHYSICAL EDUCATION AND WELLNESS** | Snack Time- children practice healthy eating habits and independence. They learn to open containers, use polite words like "please" and "thank you," and clean up after themselves. This time also supports social skills as children engaged in conversations with peers and follow routines in a calm, structured environment. |
| **15:30 PM – 15:50 PM**<br><br>**PHYSICAL EDUCATION AND WELLNESS SOCIAL STUDIES SCIENCE ENGLISH LANGUAGE ARTS AND LITERATURE MATHEMATICS CREATIVE EXPRESSION** | **Storytime/Music and Movement**<br>Following activities will be incorporated but are not limited to the following:<br><br>1) Animal Movement Cards make great tools to facilitate transitions between various activities. Simply inviting children to pick an animal card and then have them each imitate the animal sound or movement on their card on their way to the next activity. (Physical Education and Wellness, Creative Expression)<br>2) Theme-Based Brain and Body Breaks (Physical Education and Wellness)<br>3) Providing sensory-rich activities, providing children the opportunities throughout the day for moving and shaking all their energy out. E.g. Providing them with colorful sensory bands before engaging them in a fun song. Encourage them to touch and feel the textures of the band while bouncing around and switching places throughout. Children will develop a new appreciation for rhythm and movement as they feel their peers pull and stretch their shared band. (Science, Creative Expression)<br>4) Listening to the songs like; Music and counting activities, freeze dance (Mathematics, Social Studies)<br>5) Walking Lines-Taking movement activities with an activity, e.g. line walking activity.<br>We can start by using sidewalk chalk to create a variety of lines in different patterns and shapes in your schoolyard. Then, promoting children to walk along the lines in different ways to fine-tune their motor skills with balance and movement. Promoting children to take turns drawing lines for others to follow developing their drawing and cooperation skills in the process. (Mathematics, Physical Education and Wellness, Social Studies, Creative Expression). |
| **15:50 PM – 16:30 PM** | (Outside Time-Building connection with the nature) (Depending upon the weather) (Physical Education and Wellness)<br>1) Playing those games which enhances the importance of balance between physical activity and rest, e.g., Dance-Pause-Dance game, statue game etc. |

1. Dispersal time are non instructional
2. For pre-K (2Y8M-3Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 102 = 306 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year
3. For pre-K (3Y8M-4Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 135 = 405 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year

| | |
|---|---|
| **PHYSICAL EDUCATION AND WELLNESS** | 2) Playing team games to learn how to play a game with rules, e.g., Soccer, Cricket, Basketball, etc.,<br>3) Playing games which promotes spatial awareness, e.g., jump through the ring, crawl from the tunnel, how many steps more? Etc.<br>4) Animal Yoga Using the animal yoga visual cards, the teacher and the children will imitate the same<br>Workout with music e.g., Dancing on the beat Playing different songs which children like and letting them do their signature moves. |
| **16:30 PM – 16:45 PM Non-Instructional Hours** | Getting Ready to go home and dispersal |

1. Dispersal time are non instructional
2. For pre-K (2Y8M-3Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 102 = 306 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year
3. For pre-K (3Y8M-4Y8M) - Actual total instructional hours Daily instructional hours 3 X number of instructional days 135 = 405 total instructional hours. Alberta Education Minimum Hours of Instruction – Half Day pre-kindergarten 300 hours per school year